

# SOULFARM

## Retreats

A Nature Retreat for Rest, Connection, and Creativity



# Welcome!

Ciao! We're Salva and Ale—two Italians who fell in love with Portugal, the ocean, and the freedom of the waves. We created Soul Farm as a place where people could slow down, connect, and truly be themselves.

 *It's a community space created by friends for friends.*

- © In Costa Vicentina Natural Park, 2km from Arrifana Beach
- © Perfect for intimate groups
- © Built with natural materials, rooted in Care & Nature



# Themed Retreats



## Yoga Retreat

Perfect for yoga teachers bringing their students.

*Including : Accommodation, yoga deck for 14 people, and equipment.*



## Surf Retreat

Ocean energy meets land-based grounding.

*Including: Accommodation, daily surf lessons, yoga sessions.*



## Art & Craft Retreat

For creatives seeking nature inspiration.

*Including: Accommodation, creative workspace.*



# DIY Retreat

Bring your own program, chef, or simply come to be.  
We provide the space and support. You design your experience.

## Perfect for:

- © Small friend groups creating their own retreat
- © Teachers testing new programs
- © Families seeking nature connection

# The Space

4 hectares of living land in Costa Vicentina Natural Park.

Our yoga deck overlooks a sweeping valley where morning mist lifts with sunrise. 30 min. on foot through wild trails takes you to clifftop Atlantic views.

*This is what it feels like to truly be in nature.*

Scattered across the property: quiet corners for reading, journaling, sitting. A shared kitchen for evening meals and good company.



# Accommodations ☀



Farmhouse - Casa Grande



Bell Tents



Wooden Cabins



Farmhouse - Casinha



Magic Van



Tree House



Bell Tent



Wooden Cabin

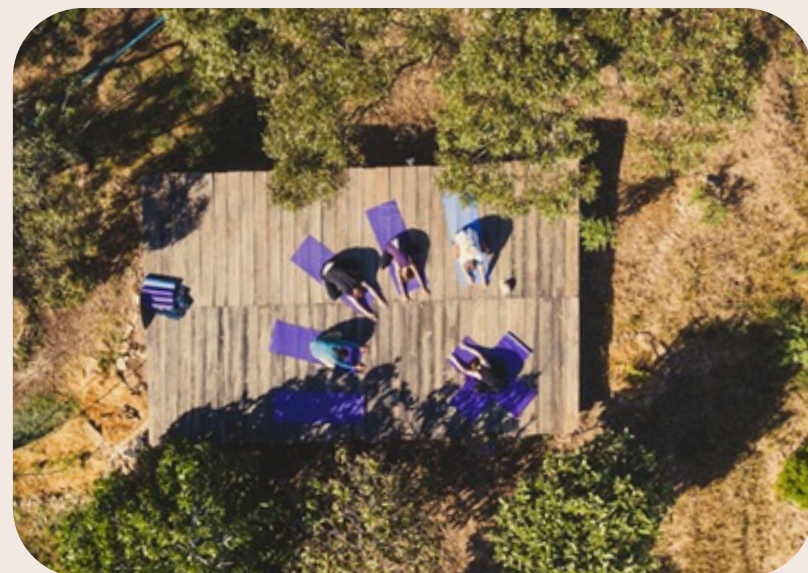
# Accommodations

☀ Everything your group needs to sleep well  
☀ 23 people max

| Accommodation      | Layout  | Capacity  | Bed type       | Bathroom |
|--------------------|---------|-----------|----------------|----------|
| Casinha            | 1 room  | 3 people  | Twin or double | Private  |
| Casa Grande        | 2 rooms | 4 people* | Twin or double | Private  |
| Bell Tents (×4)    | 1 room  | 2 people* | Twin or double | Shared   |
| Cabana da Floresta | 1 room  | 2 people  | Twin or double | Private  |
| Cabana do Sol      | 1 room  | 2 people  | Twin or double | Private  |
| Tree House         | 1 room  | 2 people  | Double only    | Private  |
| Magic Van          | 1 room  | 2 people  | Double only    | Shared   |

\* Extra bed available on request

# Facilities



Yoga Deck



Open Dining



Open Dining



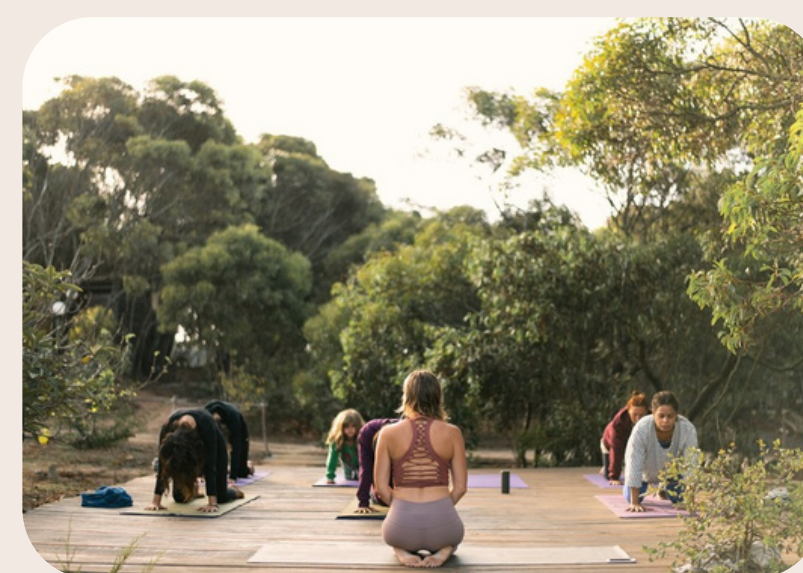
Open Showers



Kitchen



Chill Out



Yoga Deck



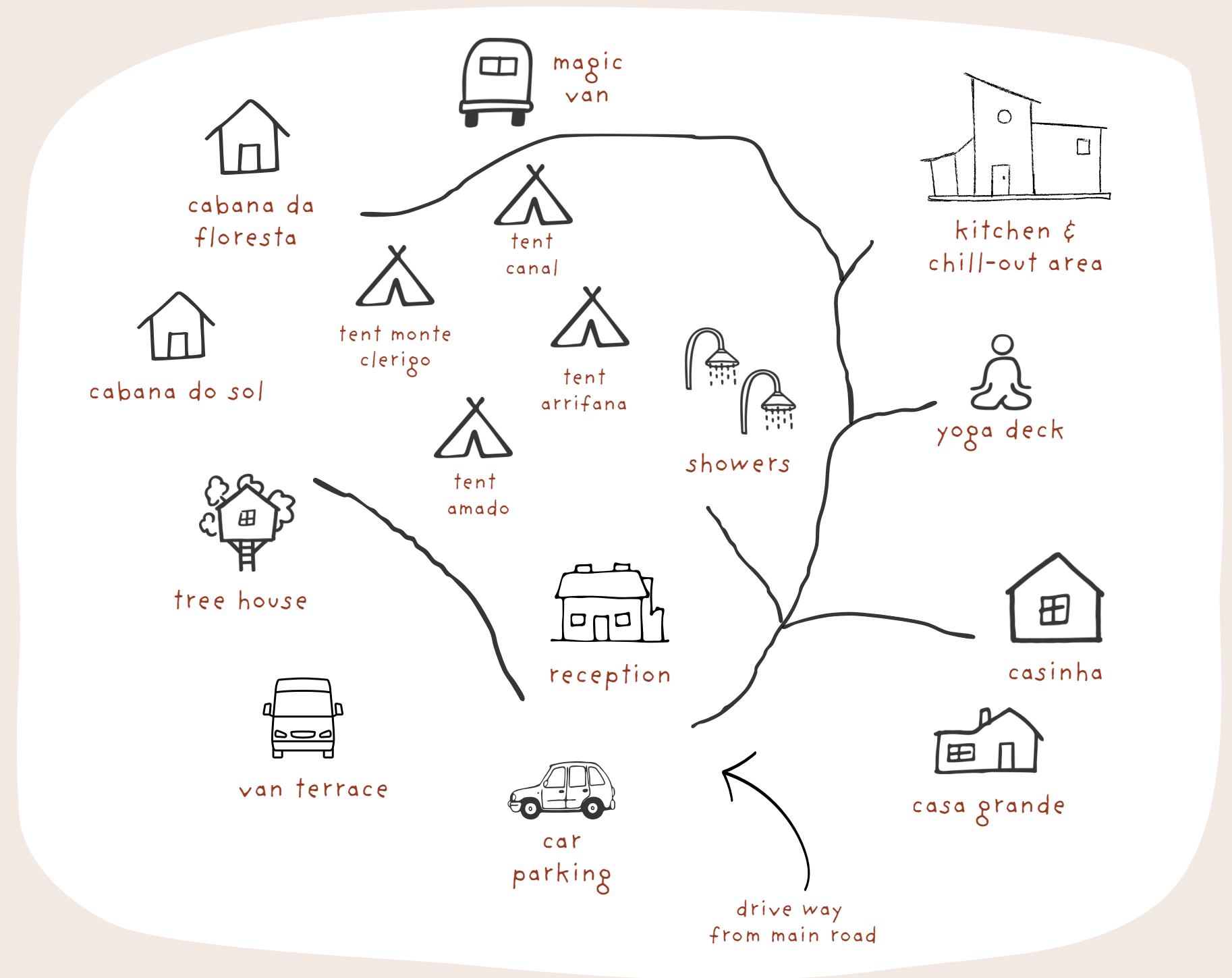
Garden

# Facilities

A shared kitchen for cooking together, hot showers under the trees, a yoga deck overlooking the valley and a chill out area covered for cozy moments. Small touches that make every stay feel easy.

**Everything you need, right where you need it.**

- ☉ 2 shared + 3 private bathrooms
- ☉ 3 outdoor hot showers
- ☉ Parking for 10 cars
- ☉ WiFi throughout
- ☉ Yoga deck & mats - Max 14 people
- ☉ Projector & sound system
- ☉ Fire pit (seasonal, Oct–May)
- ☉ Garden
- ☉ Massage room
- ☉ Sauna ( coming soon)



# Food Philosophy

Simple, honest, delicious food that connects us to the land — sourced from local farmers markets and served through three flexible options:

1. We arrange chef + meals
2. You bring your chef
3. Self-catering (kitchen access)



## Meal Pricing:

- ☉ Breakfast: €12pp
- ☉ Brunch + Dinner: €40pp day
- ☉ Lunch: €15pp | Dinner: €25pp



# Activities & Add-Ons<sup>!</sup>

We love to share our knowledge and support you in designing your perfect retreat combining it with some unique local experiences.

| Activity                              | Prices from |
|---------------------------------------|-------------|
| Surf Lessons                          | €40 (1.5h)  |
| Yoga Classes                          | €15         |
| Sound Healing                         | €35         |
| Workshops<br>Herbal   Soap   Painting | €35         |
| Sunset hike & picnic on the cliffs    | €30         |
| Treatments                            | €60         |
| Surf Gear<br>Wetsuit + Surf table     | €60         |



# Investment

## Farmhouses - Capacity: 7 people

Casa Grande & Casinha

| Season                       | Per Night |
|------------------------------|-----------|
| Low (Apr - Jun / Sept - Oct) | €200      |
| High (Jul & Aug)             | €400      |

## Full Glamping - Capacity: 16 people

Cabins | Bell Tents | Magic Van | Tree House | Camping

| Season                       | Per Night  |
|------------------------------|------------|
| Low (Apr - Jun / Sept - Oct) | from €700  |
| High (Jul, Aug)              | from €1000 |



## Quick FAQ

### **Nearest beaches?**

Arrifana 2km | 5 mins by car | 25 mins walk  
Monte Clerigo and Amoreira | 10 mins by car

### **How do we get there?**

Public transport available: direct from Lisbon,  
via Lagos from Faro & Seville.  
Faro Airport - 1,5 hr by car  
Lisboa & Seville Airport - 3 hr by car

### **Is the fire pit available?**

Seasonally, from October to May

### **Booking terms?**

50% deposit to confirm your dates, balance on arrival.  
3 months notice required. Minimum stay 3 nights

### **What is the ideal group size?**

10-12 people fit comfortably in the glamping and facilities

### **Can we book part of the camp?**

Yes, partial bookings are available.

### **What are the opening months?**

We are open from April till end of October



## Let's Connect

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📍 Costa Vicentina Natural Park, Aljezur, Portugal

🌐 [soulfarmalgarve.com](http://soulfarmalgarve.com)

📷 [soulfarm.algarve](https://www.instagram.com/soulfarm.algarve)

# SOULFARM

Connect. Create. Simply Be.

